

INSTRUCTIONS FOR THE PATIENT



Welcome to the Health through Oral Wellness® (HOWSM) program!

A healthy mouth is part of a healthy life, and Northeast Delta Dental's innovative **Health through Oral Wellness program [HOW]** works with your existing dental benefits to help you achieve and maintain better oral wellness. **HOW** is all about YOU because it's based on your own specific oral health risk and needs. Best of all, it's secure, confidential, and absolutely **FREE**. Here's how to get started:



1. REGISTER

Go to HealthThroughOralWellness.com and click on "Register Now"



2. KNOW YOUR SCORE

After you register, please take the free oral health risk assessment by clicking on "Free Assessment" in the Know Your Score section of the website

3. SHARE YOUR SCORE WITH YOUR DENTIST

The next step is to share your results with your dentist at your next dental visit

- Your dentist can discuss your results with you and perform a clinical version of the assessment. (instructions for your dentist are on the other side)
- Based on your risk, you may be eligible for additional preventive benefits at no cost!*

**Additional preventive benefits are subject to the provisions of your Northeast Delta Dental policy.*



Northeast Delta Dental

INSTRUCTIONS FOR THE DENTIST ON OTHER SIDE

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Dear Dentist,

At Northeast Delta Dental, we understand that some patients need more dental care than others. That's why we offer our **Health through Oral Wellness [HOW]** program.

Many of your Northeast Delta Dental patients who are at risk for certain conditions may be eligible for additional preventive benefits at no additional cost to them.* To assess their risk level, they need your help! They need you to complete an oral health risk assessment using a clinical risk evaluation tool called the Oral Health Information Suite (OHIS) that is provided to you by Northeast Delta Dental at no charge.

Getting started is quick and easy—you can perform this assessment on your patients immediately!

1. Go to **nedelta.com/Providers**, log into Benefit Lookup, click on the HOW registration link, and follow the on-screen instructions.
2. Click 'Find my Practice Information,' select the dentist and location from the list, and click 'Submit.' Please note that a separate registration is required for each practice location.
3. Complete the required fields and click 'Register.'
4. You will receive an email from PreViser advising you to complete and validate your registration by visiting **previser.com/free** and selecting 'My Account.'

To learn how to maximize the value of using this important tool, please view the training videos from PreViser University on their website at **previser.com**.

If you have questions or are unable to locate the dentist information you entered, please call Northeast Delta Dental's Professional Relations department at 1-800-537-1715.

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